

Welcome to Carcassonne

Karen & Andrew's local Guide from Number15 Guesthouse

We're delighted to welcome you to Carcassonne! Whether you're here to explore medieval history, unwind in the garden, or discover the local food scene, this guide will help you make the most of your stay.



Must-See Sights



La Cité Médiévale (UNESCO World Heritage Site)

Step into a real-life fairytale. This walled medieval citadel has 53 towers, cobbled streets, and breathtaking views.

Don't miss:

- Château Comtal (castle interior and ramparts)
- Basilica of Saints Nazarius and Celsus
- Evening stroll at sunset – it's magical

Local tip: Visit early morning or late evening to avoid crowds.



Bastide Saint-Louis

This is Carcassonne's "new town" (from the 13th century!). Full of local life with shops, restaurants, and historic charm.

Highlights include:

- **Place Carnot** – Market on Tuesday, Thursday & Saturday
- **Pont Vieux** – Walk across the old bridge toward the citadel
- **Rue de Verdun** – Lovely local shops and cafés



Canal du Midi

Perfect for a scenic walk or peaceful bike ride. You can rent a boat or cycle along the canal toward Trèbes.

Host tip: Pack a picnic and enjoy it along the tree-lined path.



Where to Eat & Drink



Breakfast & Coffee

- **La Table de la Bastide** – Fresh croissants, great espresso
- **Brioche L'Atelier** – Famous for its soft, buttery brioches



Lunch

- **Le Bistrot d'Alice** – Rustic and traditional French fare
- **La Divine Comédie** – Delicious wood-fired pizzas



Dinner

- **Le Jardin en Ville** – Trendy garden setting, seasonal menu
 - **Comte Roger** – Romantic restaurant inside La Cité with regional cuisine
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Local Shops & Markets

- **Market at Place Carnot** – Open Tuesday, Thursday, Saturday
- **Fromagerie Didier** – Excellent local cheeses
- **Les Caves du Château** – Wines from the Languedoc region

Outdoor & Day Trips

- **Lac de la Cavayère** – Just outside town: swimming, forest walks, and adventure park
 - **Montolieu** – “Village of Books” with over 15 bookshops
 - **Castles of Lastours or Minerve** – Beautiful drives to ancient hilltop ruins
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Practical Info

- **Pharmacy:** Pharmacie du Square – 5 minutes walk
 - **Wine Shop:** Vins & Vinos – Rue Armagnac
 - **Grocery:** Carrefour City – Rue Courtejaire
 - **Train Station:** About 10 minutes walk from the guesthouse
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Emergency & Medical Contacts

- **Emergency (Police, Fire, Ambulance):** 112
 - **Local Doctor:** Dr. Sylvie Giraud – +33 4 68 25 11 22
 - **Medical Centre:** Maison Médicale de Garde, Rue Jean Bringer
 - **Nearest Hospital:** Centre Hospitalier de Carcassonne – +33 4 68 24 24 24
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Final Tips

- We're happy to help with restaurant reservations
 - Don't miss the sunset view from **Pont Vieux** – absolutely unforgettable
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- Place Carnot – Market on Tues, Thurs & Sat

- Pont Vieux – Scenic walk to La Cité
 - Rue de Verdun – Shops and cafés
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Canal du Midi

A peaceful path for walking or biking. Try a boat rental or cycle to Trèbes.

Local tip: Perfect picnic spot under the trees.

Where to Eat & Drink

Breakfast & Coffee

- La Table de la Bastide – Croissants, espresso
- Briocherie L'Atelier – Famous for brioche

Lunch

- Le Bistrot d'Alice – Rustic French food
- La Divine Comédie – Great pizza

Dinner

- Le Jardin en Ville – Garden restaurant
 - Comte Roger – Romantic, inside La Cité
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Local Shops & Markets

- Market – Place Carnot – Tuesday, Thursday, Saturday
- Fromagerie Didier – Fantastic cheeses
- Les Caves du Château – Local wines



Outdoor & Day Trips

- Lac de la Cavayère – Swimming, trails, adventure park
 - Montolieu (Book Village) – 15+ bookshops
 - Châteaux de Lastours or Minerve – Scenic ruins
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Practical Info

- Pharmacy – Pharmacie du Square
 - Wine Shop – Vins & Vinos
 - Grocery – Carrefour City
 - Train Station – Gare de Carcassonne
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Emergency & Medical Contacts

- Emergency (Police, Fire, Ambulance): **112**
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Final Tips

- Ask us to help with restaurant bookings
 - Don't miss the sunset view from Pont Vieux – absolutely unforgettable
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